

GPS has Psychologists who specialize in the following:

For Individuals

- Anxiety, panic, phobias, obsessive-compulsive disorder
- Depression, loss, grief, separation and divorce
- Posttraumatic stress disorder (PTSD) and other problems following accident or trauma
- Work-related problems, perfectionism
- Health-related problems, including health anxiety, hypochondriasis, pain, sleep problems, headache, diabetes management, coping with physical illness
- Dissociative disorders
- Sexual problems and concerns
- Addictions, smoking cessation
- Eating disorders
- Anger-management
- Abusive relationships
- Adolescent issues
- Parenting issues
- Fertility Issues
- Assistance with personal growth and effectiveness, including communication strategies, assertiveness, social relationships, self-esteem and confidence

For Couples

- Improving relationships
- Making communication more effective
- Resolving conflicts
- Resolving sexual problems
- Increasing intimacy
- Fertility issues
- Developing problem-solving strategies
- Support around separation and divorce

For Families

- Resolving conflicts
- Improving relationships
- Making communications more effective
- Developing and enhancing parenting skills
- Increasing understanding among family members

GPS also specializes in Sexual Therapy

for individuals and couples, heterosexual, gay and lesbian.

Help with conflict over sexual issues, erectile difficulties, premature ejaculation, gender issues, painful intercourse, difficulty experiencing orgasm, decreased interest.

GPS Psychologists are Registered
with the
Nova Scotia Board of Examiners in
Psychology

Dr. Myles Genest

Dr. Barbara Fox

Dr. Kathy Hubley Carruthers

Dr. Beverly Butler

Dr. Julia Holt

Dr. Heather MacLatchy

Dr. Simon Sherry

For information about our Associates and
their complete Curricula Vitae, please go
to our website at

www.genestpsychology.com

